Chautauqua County
4-H Update

4-H Calendar

March
1  State 4-H Scholarships Applications Due
4  CQ County Club Day/Favorite Foods Show—Sedan High School
11  KSU Junior Swine Producer Days—Manhattan
18  KSU Junior Meat Goat Producer Days—Manhattan
24  Walk Kansas “Put A Spring In Your Step” Kickoff—Sedan
     Fairgrounds, 5-7 p.m.
25  Regional 4-H Club Days—Madison
26  Market Beef Weigh In—Sedan
30  Judge’s Training—Parsons

April
1  CQ County 4-H Scholarships Due
7  Good Friday—Extension Offices Closed
12  4-H Council
21-22  Market Hog, Lamb and Goat Weigh In—Sedan
22  Spring Beef Show
26  YQCA Training—7:00 pm

May
1  Project Drop/Add Deadline
1  State Nominations Due for Market Beef
6  Spring Small Animal Livestock Show—Sedan
7  Fun Fish Clinic—Sedan
29  Memorial Day—Extension Offices Closed
To Make the Best BETTER

CQ Co. 4-H Council Meeting

There is no 4-H Council meeting in March. The next Council meeting will be April at Sedan.

Volunteer Screening Process

If you have not already contacted the local Extension Office to tell them you plan to volunteer, please do so as soon as you can, to discuss the 4-H Volunteer Application process. Talking to your local extension office is your first step in the volunteer process. You will then complete your application through 4-H Online. All Kansas 4-H volunteers must complete the Kansas 4-H Volunteer Screening process through their local Extension Office to work with Kansas 4-H youth. Your local Extension Office will guide you through the process.

Kansas 4-H offers a wide variety of involvement opportunities for adult volunteers, from a one-time event or program to a multi-year experience as a club or project leader. There are many roles for volunteers, check with your local club and/or Extension Office for more information.

Beginning in the 2019-2020 4-H program year, the 4-H Volunteer process has been streamlined. When 4-H Volunteers enroll through 4-H Online the process will take the place of what once was the volunteer application and then re-enrollment forms. Once volunteers enter their information in the system, they will simply have to re-enroll each year, the same way youth currently do through 4-H Online. For a step by step tutorial please visit the 4-H Online Family Resources page and view the Enrollment Guides for Volunteers.

https://www.kansas4-h.org/resources/4-h-online/index.html

Volunteer Screening Checklist

♦ Create a 4-H Online Account
♦ Create your Adult Volunteer Record

To complete this process, you will need to provide information for the Volunteer Application. Some information you may need to collect beforehand, such as:

⇒ Employer and supervisor contact info
⇒ Residential history
⇒ Previous 4-H Volunteer history
⇒ Volunteer experience
⇒ 3 References and their contact information (not related to you)
⇒ Health Insurance and doctor contact information.

4-H Enrollment

Way to go Chautauqua County 4-H’ers! Everyone was enrolled on time and ready for a new 4-H year!
Walk Kansas Kickoff, “Put A Spring In Your Step”

The Walk Kansas Kickoff for Chautauqua County will be held on March 24 at the Sedan Fairgrounds from 5:00-7:00 p.m.

This year there will be a “Try-A-Thon” to participate in all kinds of activities that are fun and may be different from what you’ve tried before. Community Health/Wellness providers will have tables of information to share with you, and we will have the Blender Bike there to mix some healthy concoctions while riding the bike.

Mark your calendars for March 24. Anyone for pickle ball?

FOR MORE INFORMATION:
Contact the Extension Office or go to https://www.walkkansas.org/participant

If you're under 18 and want to participate, call Jenny to get the discount code! Walk Kansas is Free for those under 18!

Grab Your Team! It’s Time to Walk Kansas

The annual Walk Kansas Event will begin March 26 through May 20. Walk Kansas encourages participants to team up with friends and/or family members in order to:

⇒ be more active.
⇒ make better nutrition choices, and
⇒ walk away your stress.

Participants will chose from four routes to trek, just to keep track of the miles walked.

Everyone needs to have at least 30 minutes of activity every day. It doesn’t necessarily need to be walking.

Another part of Walk Kansas is making sure you’re eating lots of fruits and vegetables and spending time with family and/or friends.

So grab some friends and go do something fun and energizing!
CQ County Club Day and Favorite Food Show

The Favorite Food Show will be held this year on the same day as 4-H Club Day, March 4 at 9:00 a.m. at Sedan High School. The 2023 schedule is listed below.

FAVORITE FOODS SHOW
Saturday, May 4th, 2023

Lobby

9:00-10:00
Adalyn Leonard Cedar Vale Go-Getters
Atleigh Rainbolt Cedar Vale Go-Getters
Hayleigh Rainbolt Cedar Vale Go-Getters
Taylor Rainbolt Cedar Vale Go-Getters
Jentri Stiffler Cedar Vale Go-Getters
Addeson Stong Cedar Vale Go-Getters
Clara Stone Prairie Pride

TALKS AND DEMONSTRATIONS

Room #1

10:00-10:30
Tiffany McDaniel Prairie Pride
Wyatt Schmidtberger Sedan Willing Workers
Lexi Williams Prairie Pride
Tripp Williams Prairie Pride

TALENT

Auditorium

10:45
Skit Sedan Willing Workers

11:00
Dance Routine Prairie Pride

Spring Weigh In Dates

Market Beef Weigh In—March 26, 2:00-4:00 in Sedan. 120 days prior to fair.

Market Hog/Lamb/Meat Goats Weigh In—April 21, 5:00-7:00 p.m. in Sedan. April 22, 9:00-10:00 a.m. in Sedan 89-88 days before the fair.

Tags cost $3.00.

4-H Fair Judges Workshop

Registration: March 15th @ https://tinyurl.com/fairjudgesworkshop

Cost: $20 to cover meal and materials.

When: March 30, 2023

Where: SE Research and Extension Center, 25092 Ness Road, Parsons, KS

Who: Potential Judges, Agents, Leaders, and Junior Leaders

If you would like to learn about the role of the judge, understanding your audience, consultation evaluation, using standards and the Danish System of ribbon placing, and project areas in a general session format, you definitely need to register for the Fair Judges Workshop in Parsons. This will help adults and Jr. Leaders to better understand the judging process and educate new judges so you can judge other events in the area. The schedule for the workshop is as follows:

3:30 pm. Registration & Welcome
4:00 p.m. Foods
4:30 p.m. Plant Science
5:00 p.m. Fiber Arts
5:30 p.m. Visual Arts
6:00 p.m. Dinner with General Session
6:30 p.m. Poster, Notebooks, & Misc.
7:00 p.m. Photography
7:30 p.m. Buymanship/Fashion Revue
8:00 p.m. Closing Remarks and Survey

Come join us to become potential judges and learn more about the judging process.
Chautauqua County 4-H Spring Livestock Shows

Beef Show
April 22, 2023
11:00 am
Chautauqua County Fairgrounds – Sedan, KS

Small Animal Show
May 6, 2023
9:00 am
Chautauqua County Fairgrounds – Sedan, KS

9:00 a.m.   Goat
10:30 a.m.  Sheep
12:00 p.m.  Swine
2:00 pm.    Bucket Calves

Weigh-in & registration 30 minutes prior to each show

Open only to youth in Chautauqua & Elk Counties.
For more information contact the Extension Office at (620)725-5890

Concessions will be available.
Rock Springs Rocks!

4-H Camp at Rock Springs is right around the corner. Registration for Summer 2023 sessions is open. The goal of Rock Springs Ranch is to teach the positive youth development of Kansas 4-H and introduce our Centers of Excellence in Leadership, Conservation and Sportsmanship. Below you will find the various camp experiences you will find at Rock Springs Ranch.

Traditional 4-H Camp

Explorers—Ages 8-10 (rising 3rd - 5th graders)
The youngest campers will work on gaining their independence, making new friends and discovering the larger world around them. At camp, they will experience archery, BBs, swimming, intro to horses, circles, the giant swing and much more.

Trailblazers—Ages 11-13 (rising 6th-8th graders)
This group has greater access to activities and will spend time with more campers in their age group working on skills development. Activities specific to this age group include 3D archery, swimming, horses, rifles, canoes, climbing wall, stream study and more.

Adventurers—Ages 14-17 (rising high schoolers)
This is the oldest group in the “traditional” camp. Adventurers spend most of their time at activities they choose, making friendships that will last a lifetime. Activities are at the top tier of 4-H camp at RSR. Offerings include aerial archery, swimming, horses, trap shooting, kayaks, high ropes and zipline.

Teen Leadership Camp

Leaders in Training (LIT) - rising 10th and 11th graders
LIT focuses on leadership and community development programming along with a service project. There will also be time to just relax, make new friends and enjoy other camp activities. This is an excellent progression if a camper thinks they may want to learn skills that go beyond camp, advance to Counselors in Training or join RSR staff in the future.

Counselors in Training (CIT) - rising 12th graders
CIT is a hands-on progression that develops the leadership abilities to help teens on the path from camper to counselor. Throughout the week, they will receive camper care training and counselor experience while improving their leadership skills and being mentored by youth development staff. They will also enjoy “camp” time with peers built into each day.

For more information on registering for camp at Rock Springs Ranch, contact your Local County Extension Office or click on the QR code on this page.
Kansas 4-H and CQ County 4-H Scholarships & Honor Cord Application

If you are a high school senior or college student, start thinking about applying for 4-H scholarships now. The Kansas 4-H Foundation partners with Kansas 4-H to offer over 50 different scholarships to help fund higher education for 4-H youth who are high school seniors or older. That adds up!

**Kansas 4-H Scholarship applications are due by March 1.** The application for the Chautauqua County 4-H Scholarship is due April 1. Here is a link to information and the application for both the Kansas and Chautauqua County scholarships.

https://www.rollingprairie.k-state.edu/cq4-h/activities/index.html

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**Drop/Add Project Deadline**

You have until May 1 to make changes in your projects. You can do this through 4-H Online or call the extension Office and we can do it for you. If you are trying to do this in 4HOnline, after May 1 it will not allow you to make any changes.

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**Redbud Photography Art Show**

at Kurtis Art Center

Entries Due: March 31, 2023

Fee: $10

For more information, contact Jolynn Reed

405-205-9146
tallgrassphotographer@yahoo.com

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**Horse IDs**

Due: June 1, 2023
Changes to the Kansas 4-H Horse Project for 2023

The Kansas 4-H Horse Project released changes for the 2023 program year. Complete information is available at https://www.kansas4-h.org/projects/animal-science/horse/index.html.

Beginning with the 2023 4-H Program Year, Kansas 4-H Horse Project Members who are currently enrolled in the 4-H Horse Project are eligible to compete at the Kansas State Fair 4-H Horse Show if:

The horse is properly identified for the Kansas 4-H Horse Project either by a) registering the horse with a breed association in the 4-H’er's or an immediate family member’s name by June 1 of the current 4-H program year, or b) identifying with a Kansas 4-H Horse ID Form signed by the local extension agent by June 1 of the current 4-H program year. The 4-H member must have a copy of the 4-H Horse ID form signed by the local agent or a copy of the horse’s registration papers on file with their local extension office by June 1 of the current 4-H program year. You may exhibit a properly identified horse at a horse show in a class group and be qualified to exhibit in any class included in that group. The horse show need not be a “4-H” show. Shows may include: open shows, circuits, local associations (SCSHA, etc.), breed/discipline associations (AQHA, APHA, NRHA etc.).

Qualification for each group is based on one horse/rider combination. Exception: If a 4-H’er qualifies more than one mare/gelding in the same halter class. In this case, another 4-H’er can show the second horse in the appropriate halter class at the State Fair.

Group 1: Halter, Showmanship


Group 3: Western Pleasure, Western Horsemanship, Trail

Group 4: Ranch Rail, Ranch Pattern, Ranch Trail, Reining

Group 5: Barrels, Poles, Flags

Complete the Kansas 4-H Equine Webinar Safety Episode with quiz annually before completing the State Fair Entry. Complete online entry information for the Kansas State 4-H Horse Show via ShoWorks by August 1 of the current program year.

Exhibitors will be limited to entering only those classes in which they qualified for a particular horse.

Exhibitors should be prepared to show proof of exhibition via signed affidavit by show management.

The qualification period will be from October 1- August 1 of the current 4-H program year.

Project Exploration

Leadership:

The Essence of 4-H

Leaders influence and support others in a positive way while working for a shared goal. Yes, this is 4-H in a nutshell. Every 4-H’er explores a variety of interests before high school, they work on committees, they experience project-based learning, and they give talks and demonstrations to others to help them learn. 4-H’ers work together to make the best better.

If you are interested in boosting your leadership skills and really getting the most out of your 4-H experience, sign up for this project. Real-world application is key—91% of Kansas 4-H members have a plan for reaching their goals. Youth that have been active participants in hand-on learning, combined with strong decision-making skills, are more able to effectively navigate life.
**Record Book Hacks**

**Hack #8:** This hack is actually for qualifying for achievement pins and it’s pretty simple. Attend 4-H Club meetings. That’s right, just attend meetings, learn what you can, do a talk, hold an office, and keep track of what you do!

If you hear about a project meeting, make sure you attend. Every experience is another entry into your Record Book!

Don’t forget to become a Junior/Teen Leader in one of your projects to share your knowledge with younger members. Don’t forget to sign up for the Leadership Project to get double credit for your participation and activities.

**Scholarship Hints & Tips**

“Those experiences are important for youth to pull out of their bag of memories, to be able to talk about the skills they have been learning on the job or in the 4-H program and school, and how it’s going to impact their future career aspirations.” — Wade Weber, state program leader, Kansas 4-H

Did you know there are over 50 different 4-H scholarships available in the State of Kansas? Those scholarships are due March 1 of each year. However, Chautauqua County also has 4-H Scholarships that you can apply for and the **deadline for it is April 1st.** The Chautauqua County 4-H Scholarship is set up to reward 4-H’ers who have excelled in the Chautauqua County 4-H program through their leadership, citizenship, and project skills.

In order to qualify for this scholarship, there are some things that you have to do, but they can be done anytime during your 4-H career.

- Complete and submit your record book each year.
- Take part in County 4-H Day as a contestant presenting an individual number.
- Participate in at least one out-of-county judging, 4-H Workshop or approved event or contest.
- Serve as a junior leader at a county 4-H Event (County Fair, Club Day, Etc.)
- Serve as a club officer.
- Serve as a chairperson of a 4-H Club Committee.
- Receive County recognition at the County Achievement Banquet.

In the year you apply, you need to do the following:

1) Exhibit one or more projects at the county fair.
2) Present part of the program for at least one regularly scheduled meeting (Demonstration, project talk, illustrated talk, etc.)
3) Complete and submit your 4-H Record Book.
4) Write a story about your ambitions and how 4-H has helped you.
5) Interview with the Scholarship Committee to tell about your interests, aspirations and experiences. It’s usually pretty easy to talk about the things you like.

That’s basically it. We all like to receive money for doing a job well done. It’s even better if it helps us get into a career that we enjoy. Those experiences help you to tell about your time in 4-H and how those experiences have prepared you for the next step in your life.

If you are looking at continuing your education after high school, or even if it’s not yet on your radar, do the basics. It’s always good to have options.
Rolling Prairie Extension District #8, Chautauqua and Elk Counties
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Sedan, KS 67361

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