August 2020

Rolling Prairie Extension District

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4-H Calendar of Events

For the most up to date list of events, go to the Rolling Prairie/Elk County 4-H website.

August
12  4-H Council -- 6:30 p.m.
15  Kansas Junior Livestock Show Entries Due
    Kansas State Fair Open Show Entries Due
    Livestock Sweepstakes Entries Due
16  Teen Leaders -- To be announced
22 - 23  Kansas Virtual 4-H Livestock Sweepstakes

September
5  Kansas State Fair Open and 4-H Poultry Shows
7  Holiday -- Office Closed
11-13  Kansas State Fair 4-H/FFA Livestock Shows
17-19  Kansas State Fair 4-H Horse Show
23  Record Books, Achievement Pin Applications, Club Summary Reports and Officer Notebooks Due

County Fair Wrap Up

A big thank you to everyone that helped out at the fair! Without everyone’s efforts, the fair would not be possible. Now that the fair is over, and school is starting, attention turns to record books. Included in this newsletter is all kinds of information about completing your records and applying for awards. Try to put the 4-H fair in perspective. It is only one part of the total 4-H learning experience. Serving as an officer or on a committee, giving a talk or demonstration, going to a project meeting or workshop, completing record sheets and going to a camp or other 4-H event are few of the hundreds of experiences a 4-Her learns from throughout the year.

Kansas Junior Livestock Show Entries are due August 15. Here is the link to the online entry process: https://kjls.org/

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4-H Council

The August meeting of 4-H Council will be Wednesday, August 12, 6:30 p.m. at the Extension Meeting Room in Howard.

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Kansas 4-H Livestock Sweepstakes

Due to COVID-19 concerns, the 2020 Kansas 4-H Livestock Sweepstakes will be held in a virtual format the weekend of August 22-23, using a variety of online platforms. This event includes the state 4-H livestock judging contest, state 4-H meat judging contest, state 4-H livestock skillathon, and state 4-H livestock quiz bowl. This will be considered the state contest and national qualifying event for all four contests. The contests will be designed with the competitive intensity and difficulty level of a state event.

Members must be 9, but not yet 19, before January 1 of the current year. To be eligible for national competition, if a team has one or more members who are under 14 years of age, that team will be ineligible to qualify for national competition. All contestants must provide their own device (computer or tablet preferred) and have reliable internet access. The deadline to register for all contests will be this Friday, August 14. Contact the Extension Office to get registered.

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Kansas State Fair

By now I am sure most of you have heard that the Kansas State Fair will be done by virtual judging for the projects/divisions of: Clothing/Fiber Arts, Crops, Energy Management, Entomology, Fashion Revue, Forestry, Food Preservation, Foods & Nutrition, Geology, Home Environment, Horticulture, Photography, Public Presentations, Rabbit, Shooting Sports, SpaceTech, Wildlife, Woodworking.

Registration information, revised rules, a tentative schedule and more details of this alternative format will be communicated with the local Extension Office by August 17. Once I know the details and what exhibits are eligible for the Kansas State Fair and the other details, I will share that with all eligible members.

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For more information about the Youth Leadership Council positions go to https://www.kansas4-h.org/events-activities/conferences-events/kansas-youth-leadership-forum/index.html

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Summary of Achievement Awards Due 9-23-20

- 4-H Record Book
  - Achievement Pin Applications
  - Excellence in Project Achievement Awards
- Club Summary Reports
- Officer Notebooks
  - Secretary
    - Original Notes Taken
    - Minutes of Meeting
    - List of Members/Roll Call
Excellence in Project Achievement Awards

Community club leaders and the 4-H’er will determine if the Excellence in Project Achievement Award should be awarded. The record book should still be turned into the club leader by the 4-H’er. It should include the completed personal page, permanent record, ALL project record sheets and pictures.

Members basically decide how many projects they want to be recognized in by completing the requirements on however many projects they want to. Only members receiving the Excellence in Project Achievement Awards will be eligible for county project champion.

Excellence Award applications and record books are due in the Extension Office Wednesday, September 23. Also due September 23 are achievement pin applications, key award applications, club summary reports, and officer notebooks.

The Excellence forms are available at the Extension Office or on the website. Applications need to be completed according to the directions listed on them. Be sure to answer questions completely and accurately. For example, question 1 asks if you attended/participated in 3 project meetings or educational activities or list 3 things you learned in the project this year. No application should have listed that no meetings were held. If you didn’t have any meetings, that is why it also asks for 3 things you learned in the project.

From the Excellence in Project Achievement Award winners in a project, a county champion may be selected, if the quality merits.

The Excellence in Project Achievement Awards that may be awarded at 4-H Achievement Banquet are as follows:

- Beef
- Bucket Calf
- Buymanship
- Citizenship
- Clothing & Textiles
- Communications
- Dairy Cattle
- Dairy Goats
- Dog Care & Training
- Energy Management
- Entomology
- Exploring 4-H
- Fiber Arts
- Foods & Nutrition
- Forestry
- Geology
- Health and Wellness
- Home Environment
- Horse
- Leadership
- Meat Goat
- Performing Arts
- Pets
- Photography
- Plant Science
- Poultry
- Rabbit
- Reading
- Self-Determined
- Sheep
- SpaceTech
- Shooting Sports
- Swine
**Record Books**

4-H record books are rarely one of the most favorite tasks for anyone, yet they can be one of the most valuable learning tools. One of the real values of 4-H record keeping is as a monitor of growth. For project work, charting the number of items made, books read, demonstrations or talks given, members helped, tours taken and items exhibited--really makes progress obvious.

Many of the rewards of 4-H record keeping are not immediate. Record keeping is one of those temporarily painful experiences that leaves a young person with a good feeling when it is completed--a sense of pride and accomplishment. Record keeping is filled with personal lessons in diligence, decision making, self-expression, time management, creativity and honesty.

All records are available from the Rolling Prairie Extension website [http://www.rollingprairie.k-state.edu/elkcounty4h/recordbooks/index.html](http://www.rollingprairie.k-state.edu/elkcounty4h/recordbooks/index.html)

They are available in both form filler versions and a hard copy version.

Also on the website is a link to download a software program (PDF-XChange Viewer). This is a free PDF editor/reader that allows you to view and edit PDFs, all from within an attractive and intuitive interface. It should allow you to edit the form filler PDF files and save them.

P.S. if any of the links on the website do not work, please let me know so I can get them fixed and working for everyone. I don’t know if a link doesn’t work unless someone lets me know.

One other resource on the website is the publication “Rolling Prairie District 4-H Records Guide.” This contains much of the information in this newsletter as well as other stuff. Check it out or pick up a copy at the Extension Office.

When record books are handed in, they should be arranged in the following order:

1. **Achievement Pin Application** - (If you are applying for one.)

2. **Excellence in Project Achievement Award Application(s)** - (If you are applying for any.)

3. **Personal Page**—Should be current year's Personal Page; be sure to include a picture of yourself.

4. **4-H Story**--Not to exceed six pages, double-spaced on one side. Younger 4-H'ers can write on the back of your Personal Page and continue on white paper. Older members should write their story on white paper and place it behind their Personal Page.

5. **Permanent Record**--A well completed Permanent Record should reflect growth of the project. Size of the project does not mean exhibits at the fair, it means number of animals, articles made, pictures taken, books read, etc.

6. **Photographs**—A maximum of three pages of pictures on one side only. Photography project members may have an additional 10 pages of photos that they have taken placed with their photography record. Captions for each photograph improve the quality of your record book.

DIVIDERS: Use tab dividers to make projects easy to find.

**Things to Remember:**

- Your records are the only impression of you the judge has.
- Tell everything about your project--don’t take anything for granted.
- Be neat.
- Be accurate.
Be sure to get all signatures. If you don’t have a project leader, your parents may sign as your leader.

Fill in the blanks—even if it is with none or N/A.

Add another page if you need more room on Permanent Record. Extra pages can be copied or picked up at the Extension Office.

Be sure to always fill out your own book.

Do not include newspaper clippings, ribbons, awards or things like this in your record book. These go in a scrapbook or shoebox.

Pencil, pen, or type? Whatever the 4-H’er feels comfortable with as long as the 4-H’er completes their own records. Be consistent with whatever you do. If you print or write, use blue or black ink, or type, try to do the same for all of your records.

DO NOT ADD MORE PICTURES THAN WHAT IS ASKED FOR OR REQUIRED!!!

Follow directions on assembly order, number of picture pages and information requested on the records.

4-H Story:

Your 4-H story is an important part of your records. It should focus on how the total 4-H year impacted you and your family. Tell about experiences you have had this 4-H year; good and bad and what these experiences meant to you. Do not just tell what ribbons or awards you received. You can include these, but talk about your experiences, growth, and development.

The following outline may help you in developing your story. Do not use numbers or asterisks to outline your story when writing it.

**Introduction:** Include your age, interests, parents, brother and sisters, where you live, where you go to school, and for first year members why you joined 4-H.

**Project Information:** Tell about your projects -- things you learned, whether your project grew in size and scope, successes and failures, experiences and 4-H events participated in i.e. 4-H Club Days, Livestock Judging, Spring Livestock Shows, etc. Can also tell if you served as any officers on the club or county level, or other leadership roles, and other 4-H events participated in.

**Future plans:** Tell how you have benefited from 4-H participation and what are some future plans you have.

48 Hours of 4-H

October 10 - 11 has been designated this year for the 48 Hours of 4-H. The weekend after National 4-H Week is the perfect opportunity to setup a service project to give back to our communities that have been so supportive.

For more information and to report your activities go to: [http://www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/index.html](http://www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/index.html).

What is an Elk County 4-H Member

With the new 4-H year upcoming and recruitment of new members is starting to happen, here is some information to remember about who is and isn’t eligible to be an Elk County 4-H member.

- 4-H is for youth 7 - 18 years of age.
- Youth who turn 7 before January 1 of the current 4-H year may enroll. Youth who turn 19 before January 1 of the current 4-H year are ineligible to enroll.
- 4-H age is based on age of the members as of January 1 of the 4-H year.
- May 1 is the project drop/add deadline.
- To join, youth must select a community club, complete enrollment and a participation form.

For more information, contact the Extension Office or read the Elk County 4-H Handbook.
Record Book Check Sheet

Below is a list of items to consider when completing your record book. These are items that you may want to include somewhere in your record book.

**General Items**

- _____ Personal Page information complete with picture
- _____ Personal Page signed
- _____ Permanent Record up to date
- _____ 4-H Story completed
- _____ Applied for achievement pin or other county awards
- _____ Achievement Pin application signed
- _____ Excellence in Project Achievement Awards completed and signed
- _____ Market Livestock Record has beginning and ending pictures

**Activities**

- _____ Held office in 4-H Club
- _____ Held office in 4-H Council
- _____ Participated in Elk County Teen Leaders
- _____ Worked on a club committee
- _____ Attended a majority of club meetings
- _____ Gave a project talk, demonstration or other program to 4-H Club or project meeting
- _____ Participated in model meeting and/or gavel games or other club presentation for county 4-H Club Day.
- _____ Made individual presentation at county 4-H Club Day
- _____ Make a presentation to a non 4-H group about 4-H
- _____ Participated in club tour
- _____ Attended 4-H Sunday with your club
- _____ Participated with club exchange meeting
- _____ Helped with club community service project
- _____ Attended county 4-H Achievement Banquet
- _____ Assisted with Fair cleanup
- _____ Make presentation to non 4-H group
- _____ Exhibited at county fair
- _____ Assisted at the county fair
- _____ Attended 4-H Camp, Leadership Forum, Discovery Days, Citizenship in Action and/or other similar events
- _____ Participated in judging contest or school
- _____ Participated in a Southeast District or Area Judging Contest or School
- _____ Participated at Regional 4-H Club Day
- _____ Exhibited at Kansas State Fair or National Jr Livestock Show
- _____ Exhibited at Spring Livestock Shows
- _____ Exhibited or plan to exhibit at Kansas Junior Livestock Show
- _____ Receive recognition at 4-H Achievement Banquet
- _____ Serve as a counselor at 4-H Camp
- _____ Submit a KAP to area KAP screening
Elk County 4-H
Achievement Pin
Exceptions and Clarifications for 2020 (COVID-19)

If there is no clarification for a requirement, that requirement stands like normal. If you have questions on certain events counting for requirements for pins, please contact the Extension Office to plan accordingly.

4-H Membership Pin
- #1- Meetings that are held virtually would count.

Bronze Pin
- #1- Exhibiting at virtual events would count for this requirement (club tour, county fair, etc.)
- #2- Club meetings hosted virtually would count towards this requirement.

Clover Pin
- #1- Exhibiting at virtual events would count for this requirement (club tour, county fair, etc.)
- #2- Club meetings hosted virtually would count towards this requirement.

Optional Requirements
- #2- 4-H Camp will be hosting a virtual camp out, this would count for this requirement.
- #4- The 4-H Quiz at the 2020 Elk County 4-H Club Days would count for this requirement. Southeast Area 4-H contests will be held virtually, and would count for this as well (livestock judging, crops, photography, favorite foods, etc.).
- #7- If you qualified for Regional 4-H Club Day, this will count for this requirement even though it was not held.

Emerald Pin
- #1- Exhibiting at virtual events would count for this requirement (club tour, county fair, etc.)
- #2- Club meetings hosted virtually would count towards this requirement.
- #3- Presentations given virtually at virtual meetings would count towards this requirement.

Optional Requirements
- #2- 4-H Camp will be hosting a virtual camp out, this would count for this requirement.
- #4- The 4-H Quiz at the 2020 Elk County 4-H Club Days would count for this requirement. Southeast Area 4-H contests will be held virtually, and would count for this as well (livestock judging, crops, photography, favorite foods, etc.)
- #7- If you qualified for Regional 4-H Club Day, this will count for this requirement even though it was not held.
• #8- This does not have to be a club community service project. This may be done individually. (i.e.- sewed masks for medical professionals, retrieved groceries for shut in residents, wrote cards to nursing home residents, etc.)

Silver Pin
• #1- Exhibiting at virtual events would count for this requirement (club tour, county fair, etc.)
• #2- Club meetings hosted virtually would count towards this requirement.
• #3- Presentations given virtually at virtual meetings would count towards this requirement.

Optional Requirements
• #2- 4-H Camp will be hosting a virtual camp out, this would count for this requirement.
• #4- The 4-H Quiz at the 2020 Elk County 4-H Club Days would count for this requirement. Southeast Area 4-H contests will be held virtually, and would count for this as well (livestock judging, crops, photography, favorite foods, etc.)
• #7- If you qualified for Regional 4-H Club Day, this will count for this requirement even though it was not held.
• #8- This does not have to be a club community service project. This may be done individually. (i.e.- sewed masks for medical professionals, retrieved groceries for shut in residents, wrote cards to nursing home residents, etc.)
• #10- Attended non-competitive event on campus/state level/county level not already listed (KSU Jr Producers Beef Day, or other non-competitive event)

Silver Guard Pin
• #1- Exhibiting at virtual events would count for this requirement (club tour, county fair, etc.)
• #2- Club meetings hosted virtually would count towards this requirement.
• #3- Presentations given virtually at virtual meetings would count towards this requirement.

Optional Requirements
• #2- The 4-H Quiz at the 2020 Elk County 4-H Club Days would count for this requirement. Southeast Area 4-H contests will be held virtually, and would count for this as well (livestock judging, crops, photography, favorite foods, etc.)
• #10- If you qualified for Regional 4-H Club Day, this will count for this requirement even though it was not held.
• #15- Virtual exhibitions would be accepted for this requirement.
• #16- Virtual exhibitions would be accepted for this requirement.
• #17- Virtual exhibitions would be accepted for this requirement.
• #19- This does not have to be a club community service project. This may be done individually. (i.e.- sewed masks for medical professionals, retrieved groceries for shut in residents, wrote cards to nursing home residents, etc.)
Leadership Pin
- #1- Exhibiting at virtual events would count for this requirement (club tour, county fair, etc.)
- #2- Club meetings hosted virtually would count towards this requirement.
- #3- Presentations given virtually at virtual meetings would count towards this requirement.

Optional Requirements
- #2- The 4-H Quiz at the 2020 Elk County 4-H Club Days would count for this requirement. Southeast Area 4-H contests will be held virtually, and would count for this as well (livestock judging, crops, photography, favorite foods, etc.)
- #11- If you qualified for Regional 4-H Club Day, this will count for this requirement even though it was not held.
- #12- Discovery Days will be hosted virtually in 2020. Kansas Leadership Forum and Citizenship in Action took place before the COVID-19 restrictions.
- #17- Virtual exhibitions would be accepted for this requirement.
- #20- Virtual exhibitions would be accepted for this requirement.
- #21- Virtual exhibitions would be accepted for this requirement.
- #24- This does not have to be a club community service project. This may be done individually. (i.e.- sewed masks for medical professionals, retrieved groceries for shut in residents, wrote cards to nursing home residents, etc.)

Gold Pin
- #1- Exhibiting at virtual events would count for this requirement (club tour, county fair, etc.)

Optional Requirements
- #2- The 4-H Quiz at the 2020 Elk County 4-H Club Days would count for this requirement. Southeast Area 4-H contests will be held virtually, and would count for this as well (livestock judging, crops, photography, favorite foods, etc.)
- Remember #10, 11, 12, 13, 17, 18, 23, 24, 25, 26, 27, and 29 may have been done in previous years. Date must be noted.
- #11- If you qualified for Regional 4-H Club Day, this will count for this requirement even though it was not held.
- #12- Discovery Days will be hosted virtually in 2020. Kansas Leadership Forum and Citizenship in Action took place before the COVID-19 restrictions.
- #17- Virtual exhibitions would be accepted for this requirement.
- #20- Virtual exhibitions would be accepted for this requirement.
- #21- Virtual exhibitions would be accepted for this requirement.
Gold Guard Pin

- #1- Exhibiting at virtual events would count for this requirement (club tour, county fair, etc.)

Optional requirements

- #2- The 4-H Quiz at the 2020 Elk County 4-H Club Days would count for this requirement. Southeast Area 4-H contests will be held virtually, and would count for this as well (livestock judging, crops, photography, favorite foods, etc.)
- Remember #7, 10, 11, 12, 13, 17, 18, 23, 24, 25, 26, 27, and 29 may have been done in previous years. Date must be noted.
- #11- If you qualified for Regional 4-H Club Day, this will count for this requirement even though it was not held.
- #12- Discovery Days will be hosted virtually in 2020. Kansas Leadership Forum and Citizenship in Action took place before the COVID-19 restrictions.
- #17- Virtual exhibitions would be accepted for this.
- #20- Virtual exhibitions would be accepted for this requirement.
- #21- Virtual exhibitions would be accepted for this requirement.
- #32- This does not have to be a club community service project. This may be done individually. (i.e.- sewed masks for medical professionals, retrieved groceries for shut in residents, wrote cards to nursing home residents, etc.)