The Basics of 4-H Club Day

January 23, 2008
Agenda/Items to Cover

• What is 4-H Club Day
• Goals of 4-H Club Day
• Different Categories and Events
  – Talent
  – Music
  – Parliamentary Procedure
  – Public Presentations
• Presentation Tips
• Poster/Charts Tips
• Entries for 4-H Club Day
What is 4-H Club Day?

• Where members can participate in activities either as a group or an individual.
• It is competitive, with judges giving ratings in top blue, blue, red and white.
• Opportunity for members to develop self-confidence and poise.
• Opportunity to perform in front of others and share one’s 4-H experience.
Goals and Purpose of 4-H Club Day

• Give 4-H’ers an opportunity to learn skills and gain confidence in their abilities to exercise parliamentary procedure, speak effectively, and give creative performance in the arts.

• Place special emphasis on core 4-H skills such as parliamentary skills and oral presentations.

• Give 4-H’ers an opportunity to participate as an individual, as part of a small group or team, and as part of a large group or club.
Goals, cont.

• Recognize 4-H’ers and help them grow their skills by measuring all performances against a published standard of excellence.

• Recognize top performers by selecting them for further competition at Regional 4-H Club Day for events with regional categories.
Talent

• Categories: Novelty, Reading, Skit/1 Act Play, Dance Routines, Group Dance.

• Participants and time requirements of each
  – 4-H Day Guidelines

• Score Sheets
  – Copies are available
Talent Do’s

• Reading – Script required.
• Reading may be dramatic, humorous, interpretive or other type.
• Announce your name, the title, author, etc of your performance.
• 5 minute time limit – (except skit/1 act play)
Music

• Categories: Chorus, Band/Orchestra, Vocal Ensemble, Instrumental Ensemble, Vocal Solo, and Instrumental Solo.

• Score Sheets
  – Copies are available
Music Categories

• 1 or 2 numbers.
  – Vocal and Instrumental Solo – 1 number
  – Everything else – 2 numbers.

• Memorized or not.
  – All vocal numbers must be memorized.
  – Instrumental numbers need not be memorized.

• All music entries must bring the original sheet of music for the judge and have measures numbered.
  – Start with the number “1” in the first full measure of the song.
Music categories

• Announce your name, selection and composer.
• Pre-recorded music accompaniment is allowed.
Parliamentary Procedure

• Categories: Gavel Games and Model Meeting.

• Participants and time requirements of each.
  – 4-H Day Guidelines

• Score Sheets
  – Copies are available
Public Presentation

• Categories: Project Talks, Public Speaking, Demonstrations and Illustrated Talks.
• Participants and time requirements of each.
  – Will talk about each type of presentation separately.
• Score Sheets
  – Copies are available
Talks

• Project Talks:
  – Juniors only
  – Must be enrolled in project
  – 2 – 7 minutes

• Demonstrations/Illustrated Talks:
  – Individual or Team
  – Must be enrolled in project
  – Juniors and Seniors
  – Maximum time of 10 minutes
# Types of Public Presentations

<table>
<thead>
<tr>
<th>Demonstration</th>
<th>Illustrated Talk</th>
<th>Project Talk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shows how</td>
<td>Tells how</td>
<td>Tells about</td>
</tr>
<tr>
<td>Purpose: To teach</td>
<td>Purpose: To teach</td>
<td>Purpose: To inform</td>
</tr>
<tr>
<td>Age: Anyone</td>
<td>Age: Anyone</td>
<td>Age: 13 years and under</td>
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</tbody>
</table>
Presentations

• Don’t read your talk. Don’t memorize, but do practice so you are familiar with it.
• Look at the audience and judge. This is a must for keeping their attention.
• Talk loud enough so people on the back row can hear you.
• Don’t talk too fast. Make sure everyone can understand everything you say.
Presentations, cont.

• Dress appropriately. Be sure you are well groomed and neat. Dress to fit your presentation.
• Good posture increases self confidence.
• Stand on two feet. Try not to rock back and forth.
• Charts should be easy to read – not crowded and cluttered.
Presentations, cont.

• Place your charts in a place everyone can read.
• Remember to smile, smile, smile! It takes fewer muscles to smile than to frown.
• Demonstrations and Illustrated talks – ask for questions. Project talks – do not ask for questions.
Demonstration Do’s

• Cover table with paper, table cloth, etc.
• Organize all your ingredients on a tray so that you can quickly move them from the supply table to the work area. (Front table and back table)
• Pre-measure ingredients or supplies.
• Clear empty containers from the work space as you finish with them.
• Make sure the electrical equipment works properly. Bring all supplies needed and equipment.
Demonstration Do’s

• Have examples of every step of the process. If something needs to dry for 5 minutes, have one already dry.

• Have “fill” information. Silence is not a good thing for a demonstration. Provide additional information about your topic – nutritional value, costs, origin of products, history of the subject, etc.

• Foods presentations: wear an apron, washable clothing and some device to keep hair in place.
Demonstration Do’s

• Use trays to help organize your supplies.
• Use clear containers so the audience can see what you are doing.
• Use a damp cloth to wipe hands if doing foods demonstration or when using glue for crafts, etc.
• Cover name brands of products.
• Clear your work area before you show your finished product.
• Finished product – mirror.
Public Speaking

• Seniors only
• Maximum of 15 minutes
• Visuals optional
• Provide outline
Show and Share

• For first year members only.
• Not eligible for Regional 4-H Club Day.
• Can talk about anything that interests them or they want to.
• Designed to get the first year member in front of a group and talking.
Posters/Charts

• Serve as a guide to you.
• Add interest to the title, topic and ideas presented.
• Focus and hold audience attention.
• Emphasize key points.
• Show comparisons.
• Summarize main thoughts.
Posters/Charts

• Should be neat and attractive.
• Use upper and lower case letters. (all capitals are hard to read)
• Use block letters. Avoid script or broken letters.
• Letters should be at least 2” in height in order to be read from 20’ away.
• Should be easily read. Don’t clutter or crowd with too many words/ideas. Use bullets or outline style.
Posters/Charts

• Limit the number of colors used. Easy to read colors include:
  – Black on white
  – Green on white
  – Blue on white
  – Yellow on black

• Hard to read colors include:
  – White on red
  – White on orange
  – Red on yellow
  – Green on red
Posters/Charts

• Use color for emphasis, but don’t use it on everything.
• Beware that flourescent colors can be hard on the eyes.
• Do not mix color within words.
• Let color work for you, not against you!
• At least 3 posters – Title poster, steps/supplies and a summary.
• Use heavy weight poster board.
4-H Club Day Entries

• Due in Extension Office February 15.

• Each family/member is responsible for their own entries.

• Entry form will be in February 4-H Update, available at the Extension Office and on the website.

• Shooting Sports Project

• Questions????