

Meatloaf

(Makes 6 Servings)



Shopping list:

- 1 1/2 lbs. ground beef
- 1 (6 ounce) box stuffing mix
- 1/2 cup water
- 2 eggs
- 1/3 cup ketchup (Do not need til the day of cooking)
- 1 - 8X8 square pan (Freezer safe)

Prep:

1. Mix the first four ingredients.
2. Place meat into an 8X8 pan and shape the meatloaf into an oval. Wrap the pan with aluminum foil and freeze.

Cook:

1. The night before cooking, move frozen bag to your refrigerator to thaw.
2. Remove aluminum foil and spread a thin layer of ketchup on top of the meatloaf.
3. Place pan in the oven and bake at 350° for 1 hour.
4. Enjoy!