

Chicken Taco Soup



Shopping list:

- *2 frozen chicken breasts*
- *1 can black beans*
- *1 can sweet corn*
- *1 can rotel*
- *1 packet taco seasoning*
- *1 packet ranch dip mix*
- *2—quart freezer bags*

Prep:

1. Slice chicken into cubes.
2. Mix together all ingredients.
3. Split ingredients into two bags and freeze.

Cook:

1. When ready to eat, thaw overnight in refrigerator.
2. Cook in the slow cooker on low for 8-10 hours or cook on high for 4-5 hours.